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Join us in person!

WindEagle and RainbowHawk, twin Keepers of the Origin Teachings of the Delicate Lodge, carry an ancient body of wisdom, ways of balance and wholeness which come from a long oral tradition rooted in the Mayan and pre-Mayan cultures of the Americas. As Métis teachers, they have journeyed together since 1987 and continue to travel the world sharing the message of First Peace-living peace in the self.

In 1995, WindEagle and RainbowHawk founded the Ehama Institute-a not-for-profit teaching center located in Abiquiu, New Mexico, USA. They have worked with individuals, training groups, organizations and communities throughout the world for over two decades. www.ehama.org

In 2003, they published their first book, *Heart Seeds, a message from the ancestors*, in which WindEagle and RainbowHawk recount the ancient oral stories of remembrance and share the relevance of these "heart seeds" for both the present time and our collective future. Firstpeace@disciplineofpeace.org

In 2007, the World Foundation for the Discipline of Peace, a Global Expression of Ehama Institute, was formed to create a world-wise People's Movement of the First Peace. This People's Movement is based on Eight Universal Principles and Practices of Peace, which calls for the coming together of many traditions, cultures and ages with the intent of celebrating our unique ways of creating peace in the self. www.disciplineofpeace.org

In 2008, WindEagle and RainbowHawk published *The First Peace Circle Handbook: A Guide to Creating a First Peace Circle* to support those people who gather others to form peace circles around the world. It is now being translated into many languages.

In 2009, the People's Movement of the First Peace was launched with people attending from eleven nations. Representatives from Baha'i, Buddhist, Christian, Jewish, Navajo and Sikh traditions-a confluence of many wisdom rivers-shared their respective practices of peace awakening our collective capacity to live peace in our selves as a daily practice.

www.ehama.org

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